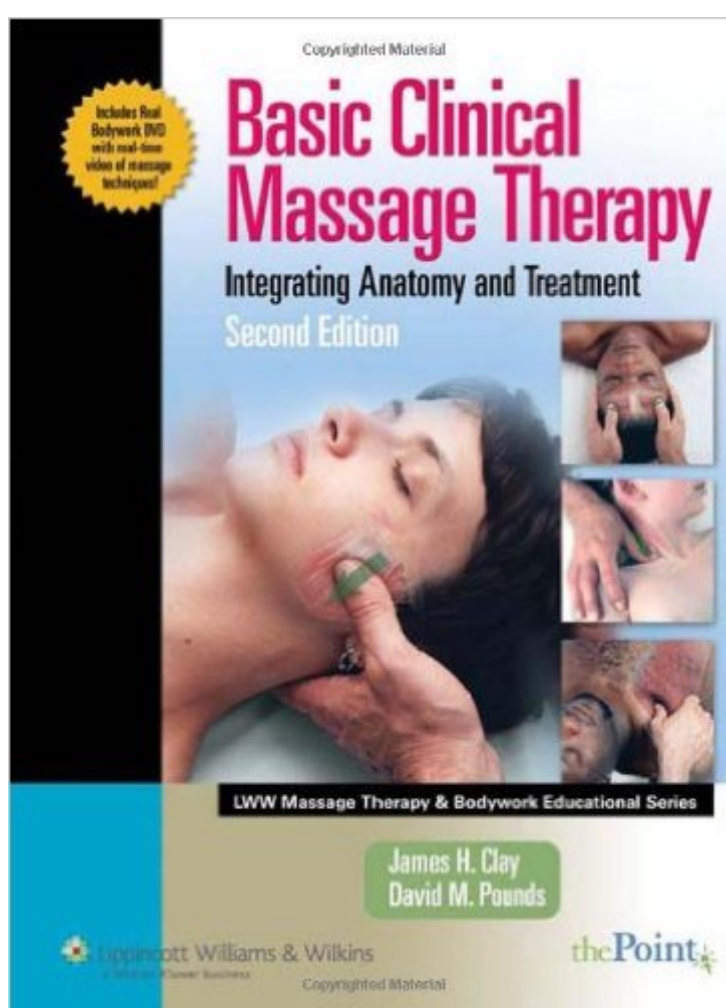


The book was found

Basic Clinical Massage Therapy: Integrating Anatomy And Treatment Second Edition (LWW Massage Therapy And Bodywork Educational Series)



Synopsis

This superbly illustrated text familiarizes students with individual muscles and muscle systems and demonstrates basic clinical massage therapy techniques. More than 550 full-color illustrations of internal structures are embedded into photographs of live models to show each muscle or muscle group, surrounding structures, surface landmarks, and the therapist's hands. Students see clearly which muscle is being worked, where it is, where it is attached, how it can be accessed manually, what problems it can cause, and how treatment techniques are performed. This edition features improved illustrations of draping and includes palpation for each muscle. An accompanying Real Bodywork DVD includes video demonstrations of massage techniques from the book.

Book Information

Series: LWW Massage Therapy and Bodywork Educational Series

Hardcover: 443 pages

Publisher: LWW; Second edition (2008)

Language: English

ISBN-10: 0781756774

ISBN-13: 978-0781756778

Product Dimensions: 1 x 8.5 x 11 inches

Shipping Weight: 2.4 pounds

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (83 customer reviews)

Best Sellers Rank: #137,825 in Books (See Top 100 in Books) #19 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Chiropractic](#) #37 in [Books > Medical Books > Allied Health Professions > Chiropractic](#) #85 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Sports Medicine](#)

Customer Reviews

This book is the best Introduction to massage therapy I Have found so far. The title says it all really; Basic Clinical Massage Therapy Integrating Anatomy and Treatment. The book is extremely practical and demystifies massage using its very functional integrated approach. If you want to become really good at massage this might be the only book you may ever need. I am in massage school and the techniques covered in this book very plainly and easy to understand is beyond the scope of many of the soon to be graduating students. Even if your just a layperson who wants to get good at massage this is the book for you, It maybe somewhat technical but the format makes it very easy to understand and apply. This Is my favorite anatomy book for massage also because of the

integration directly into application and very clear and easy to understand photos and illustrations. This book will give you an extremely solid base to use your own creativity or using other mediums to learn new techniques to work the same areas for example the use of forearms, elbows, massage tools, knees, feet. The book presents things in a basic easy to understand format but In reality they are covering many advanced techniques that work trigger points and traditional shiatsu points in a flowing method of application with out directly specifying the location of trigger points. The beauty is the simplicity of its presentation and only once moving on to more "advanced" learning materials such as trigger points will you realize how much you really learned from this book. My suggestion would be to get a foam roller, a ma roller, and one of those curved stick self massage tools along with the Trail guide to the body trigger point manual along with this book.

[Download to continue reading...](#)

Basic Clinical Massage Therapy: Integrating Anatomy and Treatment Second Edition (LWW Massage Therapy and Bodywork Educational Series) Review for Therapeutic Massage and Bodywork Exams (LWW Massage Therapy and Bodywork Educational Series) Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) Introduction to Massage Therapy (LWW Massage Therapy and Bodywork Educational Series) Student Workbook for Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series) Massage Mastery: From Student to Professional (LWW Massage Therapy and Bodywork Educational Series) A Massage Therapist's Guide to Pathology (LWW Massage Therapy and Bodywork Educational Series) Body Mechanics for Manual Therapists: A Functional Approach to Self-Care (LWW Massage Therapy and Bodywork Educational Series) The Educated Heart: Professional Boundaries for Massage Therapists and Bodyworkers (LWW In Touch Series) MBLEx Secrets Study Guide: MBLEx Exam Review for the Massage & Bodywork Licensing Examination Spa Bodywork: A Guide for Massage Therapists ITI Treatment Guide, Volume 3: Implant Placement in Post-Extraction Sites: Treatment Options (ITI Treatment Guides) ITI Treatment Guide, Volume 1: Implant Therapy in the Esthetic Zone for Single-tooth Replacements (ITI Treatment Guides) Tantric Massage For Beginners: Discover The Best Essential Tantric Massage And Tantric Love Making Techniques! An Introduction to Craniosacral Therapy: Anatomy, Function, and Treatment McMinn and Abrahams' Clinical Atlas of Human Anatomy: with STUDENT CONSULT Online Access, 7e (McMinn's Color Atlas of Human Anatomy) Respiratory Care Anatomy and Physiology: Foundations for Clinical Practice, 3e (Respiratory Care Anatomy & Physiology) Fundamentals of Hand Therapy: Clinical Reasoning and Treatment Guidelines for Common Diagnoses of the Upper Extremity, 2e

Fundamentals of Hand Therapy: Clinical Reasoning and Treatment Guidelines for Common Diagnoses of the Upper Extremity Clinical Kinesiology and Anatomy (Clinical Kinesiology for Physical Therapist Assistants)

[Dmca](#)